

**Adult Transition Project for people with disabilities in New South Wales:
An assessment of support needs and experiences during transitions
(Guide for story submissions)**

Researchers (Investigators):

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Instructions

This study explores experiences of “transition”. A transition is a period of change in work, living situation, significant relationships, and/ or health that causes you to change the way you live, what you do, where you live, or with whom you live.

You are welcomed to submit a transition story if you are a person who is aged between 40 – 65 years and who has had a disability since childhood (or you may be a proxy for this person).

You can choose what to write and how much or how little you write. It is likely that it will take you between 30mins and up to 2 hours depending on how much or how little you write. After writing your story, if you feel upset or confused, or you would like to talk more about the issues raised, please let Clare Wilding know (email: cwilding@csu.edu.au; phone: 02 6051 9256). If necessary, you will be given a referral to a support or advocacy service.

The findings of this study will be reported to the New South Wales Government Department of Ageing, Disability, and Home Care and Northcott Disability Services. This report will be used by the NSW government to assist them in planning services for people with disabilities.

To protect your identity, a made-up name (a pseudonym) will be linked to your story. Your real name will not be used in public reports about the study. In public reports, some people’s stories may be retold, using the words they used in their story. As much as possible, the researchers will leave out details that might identify you as the teller of a story. There is a chance that other people who know you may be able to guess that a particular story or words are yours.

You are welcomed to participate in this study, but you do not have to participate if you do not want to. There is no penalty if you decide not to participate. Your submission of a story is taken to mean that you have voluntarily consented to participate.

Some brief background information

1. Please check one of the following:

- I am a person with a disability
- I am a carer/ guardian/ proxy of a person with a disability
(If you are a carer/ guardian/ proxy please answer the questions from the perspective of the person with a disability)

2. What is your gender?

- Male
- Female

3. What is your age?

- 40 - 44
- 45 - 49
- 50 - 54
- 55 - 59
- 60 – 65

4. What is your postcode?

5. What type of disability do you have?

- Physical disability
- Intellectual disability
- Mental illness
- Cognitive disability
- Sensory disability
- Other

6. How did you hear about this study?

- Direct invitation to participate
- via the Northcott website
- via the Northcott Facebook page
- via the Northcott Twitter feed
- Other

8. Was your transition successful or unsuccessful? What do you think made the transition successful or unsuccessful?
